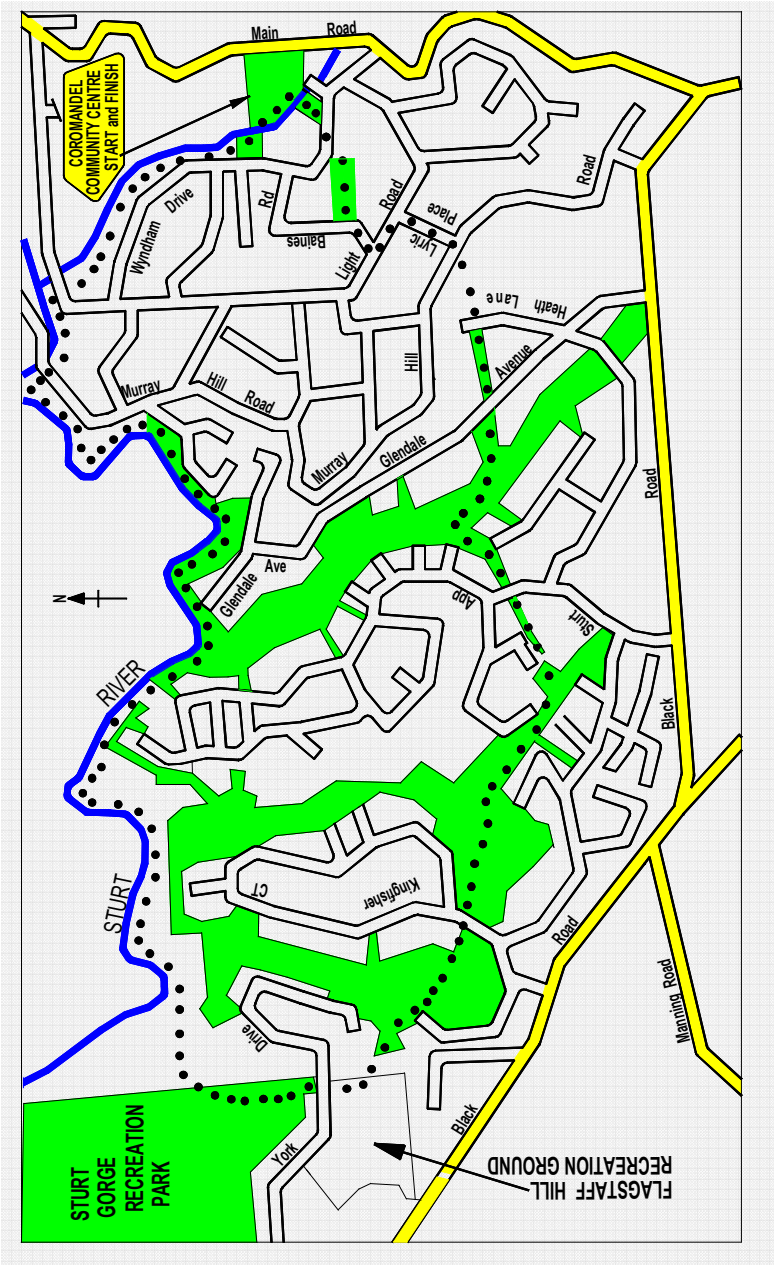


Persons using any of the directional guidelines provided do so at their own risk. Route markings approximate.

# CORO+ COMBO CIRCUIT

## APPROX 2½ HOUR 7 km WALK

be active

Government of South Australia
Office for Recreation and Sport

THE WALKING FEDERATION OF SOUTH AUSTRALIA — Walking SA

Gold Coin donation

# WALKING SA

## PRESENTS:

## the CORO+ COMBO

## 'a walk for energetic adults'

The Walking Federation of SA, umbrella body representing walkers in South Australia, presents this enjoyable loop-walk around 30 minutes drive from the City of Adelaide.

Walking SA is proud to represent over 20 member clubs which operate with experienced leaders in a variety of interesting environments, catering for the needs of walkers at little cost.

Whereas this walk may be undertaken by the relatively inexperienced, a number of others because of their isolation, route complexity, safety or other considerations, suggest the need for appropriate guidance and support.

For information on our member-clubs and other walking matters:

Phone 8276 5090

Email office@walkingsa.org.au

Web walkingsa.org.au

# CORO+ COMBO CIRCUIT: APPROX 7KM - 2 ½ HOURS

This is a walk which most adults of medium fitness may enjoy. It combines both 'bush' and informal suburban atmospheres by routing along little-used Sturt River trails and returning through a series of lovely reserves. You will need enclosed footwear with good tread & compass. Remember to check environmental conditions, with particular attention to river water-levels as parts of the Sturt River track may become flooded.

Starting point is the Weymouth Oval / Coromandel Community Centre, Main Road Coromandel Valley, almost opposite Nicolle Drive. Parking, picnic area and toilets available.

Key to capitalised letters: L (left) R (right): N, S, E, or W (points of compass).

**Stage 1** Weymouth oval to Sturt river

- Cross sign-posted *Chambers cre*ek footbridge and turn R along the walkway by the creek bed, then R along *Wyndham* where the two join
- After approx 100m, turn R into the narrow curved walkway of a reserve then L just before footbridge on informal track which also follows creek bed – don't cross creek
- Turn L along *McNamara* by the rusty water pump then, at its bend, onto and along the walkway leading past *McNamara Ford* sign – don't cross footbridge here
- Cross *Murrays Hill Rd* & take downhill informal track S/W corner *Horners Bridge* & follow Sturt river over rocky outcrops to & through *Gate 20 Flagstaff Hill Fire Track*
- Continue along this fire track uphill paralleling the Sturt river then continue down through two further gates for a short distance to the fire track's left bend
- Here locate & follow informal track on R down to Sturt river: then turn L along informal riverside track, downstream, crossing three tributaries

**Stage 2** Sturt River to Flagstaff Hill recreation ground

- As you cross third tributary (keep lookout for wooden posts and rails as a landmark at this point), turn immed. L uphill on informal track, following fence line
- Keep R of uphill house, along fire track, then take R fire track fork near same house
- Take L fork in fire track at high point near house with latticed veranda trim
- Exit R onto *York* then shortly enter Flagstaff Hill rec. ground on L: toilets available

**Stage 3** Return to Weymouth oval

- Take narrow informal downhill track located between the kindergarten car park and the lower green shed, easing towards fence line of houses on L
- At concrete walkway, turn L & immed. R at walkway junction, then across footbridge
- Take **2nd** L fork (at **2nd** '*To school and Comm. Centre'* sign) & cross *Kingfisher* at top
- Follow concrete walkway E briefly, then follow fence line of houses on L & continue down to lower walkway then again turn L, keeping picnic shelter on your L
- Keep to walkway 'til first house on R, then turn L across footbridge & then immed. R
- Turn L uphill (no track) & walk N/E uphill on reserve to & across *Sturt Approach*
- Follow walkway to end *Skylark*, then L along walkway until cross creek on culvert
- Then turn immed. R (E) on walkway to & across *Glendale*, following walkway to *Heath*
- Cross *Heath* & follow creek-line towards school oval, easing L towards goal posts
- Exit near gate, turn R onto *Murrays Hill*, L onto *Lyric*, L on *Light* then R onto *Banes*
- Approx 40m down *Banes*, turn R downhill into reserve, E onto and along *Almond* then L onto *Marion* - you have now completed the circuit ☺

*Check with us for further *Gold Coin* walks of interest.

PRODUCED 5/11