

# Opal

## Life looks brighter outside

### Your pocket guide to outside in Port Augusta



OPAL is a joint program of State and Local Governments.



## Port Augusta parks and playgrounds

### 1 Australian Arid Lands Botanic Garden

**Location:** Stuart Highway, Port Augusta West

**Features:** Visitor centre, family friendly walking trails, bird hides, lookout, picnic seating & drinking fountain. Restricted hours.

### 2 Sid A Welk Recreation Park

**Location:** Mcsporren Crescent, Port Augusta West

**Features:** Playground

### 3 Rotary Park

**Location:** Mitchell Terrace, Port Augusta West

**Features:** Half pipe skate ramp, fenced playground, shelter, toilets, BBQ, picnic tables

### 4 Northey Crescent Park

**Location:** Northey Crescent, Port Augusta West

**Features:** Playground, football goals, cricket net, netball and basketball ring, bike track, picnic table, shade trees

### 5 Westside Foreshore

**Location:** Crocker Street, Port Augusta West

**Features:** Picnic areas, shade, BBQ, dog bag station, drinking fountain, coastal path

### 6 Volunteer Park, Port Augusta

**Location:** Cnr Daniel Terrace, Tassie Street

**Features:** Playground, shelter, BBQ, picnic seating, concrete bike track, basketball ring, maze, ball hitting wall

### 7 Eastside Foreshore, Port Augusta

**Location:** Young Street

**Features:** Playground, toilets, BBQ, picnic tables, drinking fountains, outdoor shower, shade trees, adult exercise equipment, basketball ring, coastal path

### 8 'The Wave' Skate Park, Port Augusta

**Location:** El Alamein Road

**Features:** Skate park, toilets, seating, drinking fountain, coastal path

### 9 Gladstone Square, Port Augusta

**Location:** Beauchamp Lane

**Features:** Fenced and shaded playground, toilets, picnic tables, drinking fountain, BBQ, shade, band stand, memorial, disability friendly swing

### 10 Apex Park, Port Augusta

**Location:** Cnr Flinders Terrace and Stirling Road

**Features:** Seating, shade trees, memorial

### 11 Braddock Park, Port Augusta

**Location:** Flinders Terrace

**Features:** Playground, shade trees, seating, picnic tables, BBQ, oval, cricket nets

### 12 Arthur Spring Park, Port Augusta

**Location:** King Street

**Features:** Playground

### 13 Lions Jubilee Park, Port Augusta

**Location:** Tottenham Road

**Features:** Playground, BBQ, shelter, picnic tables, shade, toilets, drinking fountain

### 14 Keith Jones Memorial Park, Port Augusta

**Location:** Elsie Street

**Features:** Playground, BBQ, picnic benches, shelter with seating, toilets, basketball ring, shade trees. Model Train Rides on the 1st and 3rd Sunday of the month from 1-4pm.

### 15 William Street Park, Port Augusta

**Location:** William Street

**Features:** Playground, Be Active Community multi-court, seating, drinking fountain, beach access, coastal path

### 16 View Street Park, Port Augusta

**Location:** View Street

**Features:** Football goals, half court basketball court, drinking fountain

### 17 Christopher Street Park, Stirling North

**Location:** Christopher Street, Stirling North

**Features:** Playground, nature play, seating

### 18 Sid Gill Memorial Park, Stirling North

**Location:** Mosely Street, Stirling North

**Features:** Playground, seating, picnic table

### 19 Maule Avenue Park, Stirling North

**Location:** Mosely Street, Stirling North

**Features:** Playground, picnic tables, basketball court

### 20 Bert McKenzie Memorial Park, Stirling North

**Location:** Progress Avenue, Stirling North

**Features:** Playground, toilets, shelter, football posts, pony arena, half court basketball, BMX track, BBQ, seating

### 21 Keith Davis Parkland, Stirling North

**Location:** Johnson Avenue, Stirling North

**Features:** Playground, seating, shade trees, fenced

## Your pocket guide to outside

Getting outdoors is where the real adventure begins.

The map provides locations, list of parks, playgrounds and trails. It will give you all the details you need and for some inspiration, check out the list of 20 things to do with your kids.

## Give your kids an outdoor boost

Playing outdoors in nature is important for kids.

It provides opportunities to:

- connect with family
- experience independence and freedom
- get dirty and connect with nature
- teach values such as sharing, negotiation and team work
- be physically active
- develop their brains; improving learning, concentration, memory and sleep patterns.

Parents will also benefit, so get out with your kids and enjoy the great outdoors when you get the chance.

For more hints and tips about getting out and about see the OPAL 'Life looks brighter outside' brochure and visit [www.opal.sa.gov.au](http://www.opal.sa.gov.au).

## 20 things to do with your kids outdoors

1. Drop a line off the old bridge.
2. Explore a dry creek bed.
3. Climb the water tower.
4. Build an outdoor cubby or tree house.
5. Ride the surfboard at the Foreshore playground.
6. Climb a tree.
7. Explore the animal discovery trail at the Australian Arid Lands Botanic Garden.
8. Roll down a hill.
9. Shoot some hoops at the Park on Progress Ave in Stirling North.
10. Skim a stone.
11. Look for mud crabs at Redbanks.
12. Play "spotlight" (a night time game with torches).
13. Explore the 'Tunnel of Time' at Wadlata Outback Centre.
14. Go for a hike.
15. Build a sandcastle at the Back Beach.
16. Fly a kite in an open space.
17. Ride 'The Wave' at the skate park.
18. Make a mud pie.
19. Cycle right across town on the coastal bike path.
20. Use a magnifying glass to spot creatures under rocks or in puddles.

